



STITCHED TOGETHER

Changing Lives One Stitch At A Time

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HOW TO SEW A FACE MASK WITH A SEWING MACHINE

NOTE: You can follow our [video for hand sewing face masks](#) & use your sewing machine.

MATERIALS:

- 9in x 12in 100% cotton fabric
- 73 inches of bias tape
- Thread (match to the color of your bias tape)
- Ruler
- Marker that will show up on your fabric
- Sewing machine

DIRECTIONS:

- 1) Fold your piece of fabric in half to make a 9in x 6in piece of fabric
- 2) Use your ruler and marker to mark your on both short sides of your fabric at 5.75, 5, 3.75, 3, 1.75, & 1 inches.
- 3) Create the pleats in your mask either by pinning (described below) or with an iron:
 - a) Pinch your fabric at your first dot on either side and fold over until you reach your first small line
 - b) Place an object on top to keep the fold in place, like the spool of thread shown
 - c) Use a small pin on each side to pin the fabric so the fold stays. Take the small object off and your fold should stay in your fabric
 - d) Repeat this same process with your other 2 sets of small dots and small lines so you make 2 more folds on your fabric
- 4) Thread your sewing machine with thread and using an up & down or zig zag stitch, sew each side of your pinned mask so the folds stay.
- 5) Measure two 32inch pieces of bias tape and one 9inch piece of bias tape using your ruler and scissors
- 6) Take your 9inch piece of bias tape and use pins to securely fold the bias tape over the exposed long edge of your fabric. Then sew an up & down stitch along your bias tape, making sure to remove the pins as you sew.
- 7) Pin one of your 32inch long pieces of bias tape over the edge of one of your short sides of your fabric. Make sure to line up the middle of your bias tape with the center of the short edge of the fabric. Use 3 pins to secure your bias tape on the edge of your fabric.
- 8) Sew an up & down stitch all the way down your folded piece of bias tape. Repeat the same process on the other short edge of your fabric using your other 32inch long piece of bias tape.



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Please send your face mask to Stitched Together at the following address:

Stitched Together
14720 Toulouse Ct
Reno, NV 89511

If you would like more information on where your mask will be donated, please visit our [donation page for face masks](#). If you represent an organization interested in a donation of our face masks, please email us at stitchedtogether01@gmail.com

Thank you for helping Stitched Together protect lives, one stitch at a time!